



Blane Comeaux-Vice President  
Karen Cormier-Operations Manager



### Direct Draft Card

If you wish to pay your monthly service by direct draft, please fill out the card at right and return with a voided check. **Remember, you will now be charged a \$2.00 fee for receiving a paper bill. Please avoid this additional charge by signing up for direct draft today!!** Your account will be drafted on or after the 5th of each month. A "test" draft will be activated for the first month to ensure accuracy, therefore, you will receive one more statement for that month to be paid by check or money order. Thereafter, all monthly payments will be direct drafted from the account specified by you.



### Moderate Alcohol Consumption has Positive Effects for Seniors

A January 21, 2009, CNN article highlighted the research of 1998 Beeson Scholar Alison Moore, MD, MPH. Dr. Moore's study found that moderate alcohol consumption had positive effects for seniors.

By analyzing self-reported data from men and women over 50, Dr. Moore saw that healthy seniors who drank fewer than 15 alcoholic beverages a week had reduced odds for developing physical disabilities or dying in the next five years. Further

investigation is necessary to explore the specific cause of this relationship, but researchers suggest that alcohol's effect of decreasing atherosclerosis or raising good cholesterol levels may explain the connection between alcohol consumption and improved health.

Dr. Moore, whose study was recently published in the American Journal of Epidemiology, is an associate professor of medicine in the division of geriatrics

at the University of California, Los Angeles.

To read more on this study, visit [cnn.com](http://cnn.com) and search for senior alcohol consumption.

-[www.afar.org](http://www.afar.org)

American Federation for Aging Research



#### Authorization Agreement for Pre-authorized Payments

Company Name: Acadian On Call

I (we) hereby authorize Acadian On Call to initiate debit entries to my (our) Checking account indicated below at the depository named below, hereinafter called DEPOSITORY, to debit the same to such account.

**\*\*First month is test month. You will receive a bill.\*\*Please include voided check**

**\*\*For the initial debit month, all previous balances will be debited to bring account current.\*\***

Depository Name: \_\_\_\_\_ Branch: \_\_\_\_\_

City Routing Number: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Account#: \_\_\_\_\_

This Authorization is to remain in full force and effect until Acadian On Call has received written notification from me (either of us) of its termination in such time and in such manner as to afford Acadian On Call and DEPOSITORY a reasonable opportunity to act on it.

Name(s): \_\_\_\_\_ ID#: \_\_\_\_\_

Date: \_\_\_\_\_ Signed \_\_\_\_\_

Note: All written debit authorizations MUST provide that the receiver may revoke the authorization only by notifying the originator in the manner specified in the authorization.